



CFMS NEWSLETTER

Vol LII #7

August 2015



PRESIDENTS MESSAGE

By Tom Burchard

Good Bye! See You Soon! Safe Travels!
Good Show! We had a Great Time!

These were some of the things I heard as we were leaving Sunday afternoon after the Lodi Show. I would say we put on a successful show. From the 'number' of 'happy people' doing tear down, there were a lot of you, I'd say it was a 'Good Show'. Who do we thank? Who don't we thank? I can't possibly name all of you, the people who deserve our 'Thanks'. But we'll start with Margaret Kolaczyk and Bob Knox our Show Co-Chairs. THANKS! Next we'll lump our non-hosting clubs that did yeomen's (persons) assistance with lending us club cases for the displays and doing the setup of everything the Fairgrounds did not handle. Speaking of which, the Lodi Grape & Harvest Festival Fairgrounds did an outstanding job of whatever we asked them to do. They could probably use a shorter moniker, but they were real friendly and accommodating. NOT the usual in this day and age. Back to the non-hosting clubs, Calaveras, Stockton and Sacramento clubs should be proud of themselves and the good job they did. THANKS! I did, and will continue to, encourage them to get together as a group to Co-Host our CFMS Show in 2018. You guys did a real good job and now you know what it takes to put on a federation show.

I want to say THANKS! To all who put in displays, both as 'Competitive' and as 'Exhibitors'. A show cannot be said to be good if there are not excellent displays, which we had in abundance.

I want to say THANKS! To Emmy Silverman for putting together an excellent group of 'Speakers' for the weekend. I can't remember having so many speakers on such a wide variety of topics at a federation show.

THANKS! To Susan Chaisson-Walblom & Cheri George, for herding us cats (judges) through the Competition process. I think Dee & Shirley would be proud that we got through the process without them there to watch over our shoulders. Also to Susan for filling up two large halls with vendors, and Cheri for herding the 'Demonstrators' without too much hissing and scratching.

I've taken up a lot of space with my THANKS! But only cuz I mean it! One of the ways a Presidency might be characterized, justly or unjustly, is how well the show &

convention went during their presidency. Well? Pretty good so far? We'll See. If anyone would like a copy of the 'Banquet Program', in which all those who contributed to the show are listed, let me know & I'll send you a copy.

Margaret advises me that we are more than half full for both weeks at Camp Paradise. If you want to get in you'd better jump to it real soon. My prediction is we'll be full before August is half done.

Til Then, Rox Vobiscum

Tom Burchard

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MARK YOUR CALENDAR

Aug 5. deadline for Sept newsletter
Aug 30-Sept 4. Camp Paradise Week 1
Sept 6-11. Camp Paradise Week 2
Nov 13-15. . . . Fall Business Meeting, Visalia

Please send any information you want included in the Directors packets for the Fall Business Meeting by Oct 31. If unable to meet this deadline, please bring 100 copies to the meeting. Thank you

CFMS INSURANCE CONTACTS

McDaniel Insurance Services

PO Box 1294, Ojai, CA 93024
Tel (805) 646-9948 or (800) 400-7288
Fax (805) 646-9976; email: mcins@west.net
Web Site: www.mcdanielinsuranceservices.com

CFMS Insurance Chairman

Fred Ott
3420 Coach Lane, Ste 4
Cameron Park, CA 95682-9113
(503) 677-5211
fred@fredott.net

CFMS NEWSLETTER SUBSCRIPTIONS

CFMS Newsletter is published 11 times a year by the California Federation of Mineralogical Societies, Inc., PO Box 1657, Rialto, CA 92377-1657. Subscription: \$5.50 per year, January through December.

CFMS WEBSITE

The CFMS website is accessible at www.cfmsinc.org the email for the web site is cfmswebsite@yahoo.com. Editors are invited to download articles for their bulletins from this website.

NOTES FROM THE EDITOR

The deadline for the newsletter is the 5th day of the month prior to the month of publication. Articles should be sent to the editor at bplarue@earthlink.net. "snail mail"? Please send to the CFMS PO Box 1657, Rialto, CA 92377-1657.

DONATIONS

Donations to any of the funds administered by CFMS and/or AFMS are tax deductible under the rules governing tax exempt organizations which are 501(c)(3). Your cancelled check or receipt is considered to be proof of your donation for purposes of filing your federal tax return. If a personal donation is \$250 or more, a letter attesting to that amount is also required. Member clubs and individuals are encouraged to donate to any of the following:

- CFMS Scholarship Fund
- CFMS Endowment Fund
- CFMS General Fund
- Diedrick Memorial Scholarship Fund
- AFMS Scholarship Foundation
- AFMS Endowment Fund

Your donations should be sent to:
Pat LaRue, Exec. Sec/Treas
PO Box 1657
Rialto, CA 92377-1657

Receipts and any supporting documents will be forwarded on to the committee member responsible for acknowledgements. **Please make all checks payable to CFMS or AFMS as appropriate and note the fund in the memo section.**

!

CFMS 2015 SHOW IN LODI

By Margaret Kolaczyk, Co-Chair



By all accounts, the CFMS Show was a success! I wish to say THANK YOU! to everyone who jump in and help with the show. I lost count on how many times I heard "Where can I help" "This is a great show". So to everyone how stepped up and help, please take a bow! GREAT JOB!





CFMS FALL BUSINESS MEETING

By Pat LaRue

The annual Fall Business meeting and election of 2016 Officers will be held November 13-15, 2015 at the Holiday Inn Plaza Park, off Hwy 198 in Visalia, CA. For those who have not been to this location in the past, take Hwy 198 exit east from Hwy 99. You will see the hotel located just south of the first off ramp past the airport.

Room reservations at the Holiday Inn can be made by phone at **(559) 651-5000**. To receive the special CFMS rate of \$89 per night, tell them you are with CFMS. Cut-off date for this price is **November 9, 2015**. The first night's deposit or guarantee by credit card must accompany your reservation.

An informal **Cracker Barrel** will be held **Friday** evening at **7:30 p.m.** As in the past, the Holiday Inn policy forbids our bringing snack foods to any of the meetings. The **Business Meeting** will be called to order on Saturday, **November 14 at 9 a.m.** President-elect John Martin will have a brief meeting of his 2016 committee chairpersons on Sunday a.m., time to be announced.

Banquet Menu:

Beef & Chicken Duo

Caesar Salad

Marinated Charbroiled Bistro Filet Served with Cabernet Reduction

Grilled Chicken Breast in Mushroom and Sun Dried Tomato Cream Sauce

Seasonal Vegetables

Roasted Garlic Red Potatoes

Dinner Rolls and Butter

New York Style Cheesecake

\$37 tax and gratuity included.

Vegetarian and gluten free options available upon request.

Make banquet reservations by November 7, 2015.

Mail your check payable to CFMS to:

CFMS
PO Box 1657
Rialto, CA 92377-1657



CFMS LONG RANGE PLANNING

By Jennifer Haley, Chairman

The Long Range Planning Committee had very fruitful discussions when we met in Lodi. We were able to cover a lot of ground. The purpose of this committee is to receive recommendations from the CFMS Executive Committee, its Chairmen, and all of you. If you have suggestions for projects that would further the progress of your Federation, please contact me. The committee also wants to stay alert to problems, so we can work on programs to solve them.

I want to thank the committee for giving me their vote of confidence as the 5th Regional Vice President to the AFMS Representing CFMS. I am really looking forward to the work. I will begin serving on Nov 1, 2015 thru Oct 31, 2016. THANK YOU to everyone who made room in their cars to buy fossils and minerals from the Napa Valley Museum table at the Lodi Show. 20% of their profit went to CFMS which was in the amount of \$480! The museum was very happy with their sales, and felt grateful for the opportunity. They were impressed with how nice people were. One of the museum women even picked out her wedding ring from one of the vendors. You all made a good thing happen!

CFMS ELECTRONIC COMMUNICATION COMMITTEE

In the old days a telephone committee could get the job done when your Federation needed to contact your Club/Society between newsletters with timely information and announcements. The Electronic Communication system fortunately has streamlined the old system.

If your club or society has not been receiving the Electronic Communication Announcements this year, as recently as June, please let me know. Here is what I need:

- Club/Society Name
- Federation Director's name or alternate contact for your Club/Society who will forward the announcements to your members.
- Email Address for that contact person.
- If you are a new Federation Director or alternate contact this year, please let me know the email address of the person you have replaced. This way I can bring the system up to date.

Thank you to those who gave me your information during the Lodi Show & Convention, and to the Directors for officially making the Electronic Communication Committee, a CFMS Standing Committee.

Jennifer Haley, 5442 Washington St. Napa, CA 94558
Email: ladybuglane@napablogger.com

GEM AND MINERAL CLUBS' BEST PRACTICES

By Cyndy M. Mandel
Victor Valley Gem and Mineral Club
cynmandell@me.com

This feature article is intended to motivate all club members to contribute some of their best practices, ideas, motivation techniques, features, etc. I will place a few here that have worked for me and hopefully you will join me with ideas that have worked for your club.

1. **Attack problems not individuals.** This is a good rule to follow at meetings where things can sometimes get out of hand. Rather than blaming someone for not cleaning the saw let's discuss instead how we can accomplish our goal of getting members to clean the saws.

2. **Side conversations.** This seems to be a problem in any club and it is disrupting and rude to those who are trying to listen and take their turn to contribute. I have used a technique you may want to try. Rather than bang the gavel or yell at those who are talking I stop the meeting; there is no sense in trying to talk over them so I just stop talking. Pretty soon members are looking around at who is talking and they realize that it suddenly got quiet and everyone is looking at them. This usually takes care of the problem without me having said a word. Perhaps you have other techniques?

3. **Members raising their hands to speak.** Sometimes you get a lot of hands raised to speak on a subject and while we would like to take the time to listen to everyone it just isn't practical. One way of dealing with this is to enlist the help of a member who will write names down on a piece of chart paper or white board in the order of which they raised their hands. You can limit the number of names to say five or six and then start calling on them. This serves the purpose of letting people put their tired arms down and allows them to relax and listen to what is being said knowing that they will be called on. If you have a problem with member filibustering a meeting you might consider a time limit using an egg timer.

I'm sure you have many more ideas to contribute regarding conducting meetings or your shop let's keep this going. You may email me with your suggestions if you like and I will try to keep this article as a feature. Not all ideas will be good ones for your club, but there may be enough that you might try.



BULLETIN AIDS CHAIR

by Terry Vasseur

You have won a few awards over the years and you no longer need that boost of [self-esteem](#). Maybe it's time to give back what was once given to you. It's a transition from going from a student to becoming a teacher or an author and an editor to an administrator of the bulletin awards process.

What is required of you is perfection. It's as simple as that and just as easy to fail the attain of that ideal. Perfection is the human holy grail, often sought but seldom achieved and yet, an honest effort will often do. What do I mean by perfection? It's sometimes the basic stuff like making sure you correctly spell a person's name on a trophy or a certificate.

I'm sure you have heard that this position is a chore. It is. You need to be a person who can organize things in multiple levels and groups that you can readily retrieve. For example, contestants come with a form that has several pieces of important data: contestant's name, mailing address, phone number, E-mail, contestant's category, name of the club, name of club editor, club editor's contact information, and sometimes the age of the contestant in the right group category. Having all this information on every contestant in one place, makes your life less demanding. When the documents go out for judging, add a column for the judge's names and when the scores come in, add them too.

The most important part of this position is overseeing the contests. The bulletin aids chair is the supreme court justice, here to insure the rules are followed and the contests are fair. I have a good example where I had to step in.

An editor entered an author in the Original Articles: Adult category where he was scored first place just a half a point ahead of the next contestant. What many people do not know is that the Original Articles: Adult category was designed for authors who have NOT won a first place award. If you have won a first place award in the Original Articles: Adult category and or are a professional who has been published and paid, you must enter the Original Articles: Adult - Advanced. Since the author had no intent to circumvent the rules, I was able to re-route it to the proper category where he was awarded first place. As a result, the second place contestant in the Original Articles: Adult category was able to moved up to a well deserved first place.

wookman@dslexreme.com



**“LAPIDARY OF THE
MONTH” ARTICLES
SOUGHT FOR *ROCK & GEM*
MAGAZINE**

By Jim Brace-Thompson, *Rock & Gem*
Contributing Author

Rock & Gem is the officially sponsored hobby magazine of the American Federation of Mineralogical Societies—our official magazine! They and Senior Consulting Editor Bob Jones have done much to promote rockhounding and rock clubs like those to which you and I belong. As you may know, I’m a regular contributing author, as well, mostly with articles for their “Rock & Gem Kids” section. Recently, *Rock & Gem* Managing Editor Lynn Varon has asked my help soliciting articles from within the ranks of the regional and national Federations for their “Lapidary of the Month” feature.

“Lapidary of the Month” is usually the very first article appearing in each issue of the magazine. In it, a lapidary artist (amateur or professional) describes a relatively simple project with a photo and step-by-step procedures for others to follow. For an example, see page 8 of the July 2015 issue. We would like to encourage *you* to write such a contribution! Here are the specifications:

- ✓ A 500-word description telling step-by-step how you crafted your lapidary project from start to finish, saved as a document file.
- ✓ At least one close-up digital color photograph of the finished project (with camera set for high resolution, i.e., 300 dpi at 4 inches by 5 inches, minimum).
- ✓ Send your document file and digital photo (.tif or .jpg) as attachments in an email to editor@rockngem.com with the subject line “Lapidary of the Month.”
- ✓ Include your name and a street address (not a PO Box) for prize delivery should your entry be selected for publication. (Only winners will be notified.)

Authors of articles selected to appear in “Lapidary of the Month” receive a two-speed Dremel Model 200 N/40 MultiPro kit and a wall plaque in recognition of their creativity and craftsmanship. (Thus the need for a street address.)

For questions or further submission details, please contact Lynn Varon at *Rock & Gem*, 5235 Mission Oaks Blvd. #201, Camarillo, CA93012, phone (972) 448-4626, email editor@rockngem.com. Here’s to good projects and good writing—and to seeing *you* as a Lapidary of the Month!

**HAVING FUN: JUNIORS ACTIVITIES
“Spotlight on Juniors” Articles Requested for
Rock & Gem Kids**

By Jim Brace-Thompson, AFMS & CFMS Juniors Program
Chair

I write monthly articles for the “Rock & Gem Kids” section of *Rock & Gem* magazine. Most often, these introduce kids to a mineral or fossil or to some interesting aspect of rocks (gemstone lore, official state rocks and fossils, minerals with special effects like asterism or fluorescence, etc.). But I’ve also run several articles about especially outstanding juniors. I’d like to do more such profiles but despite various calls in the past, no one has sent me suggestions recently.

Do you have a kid in your society who is “rock crazy” and over-the-top enthusiastic? Please contact me with names and details about kids who deserve special recognition as inspirational role models for other kids, and I’ll be happy to do a write-up on them for “Rock & Gem Kids.” A great starting point might be any kids that your local society has named “Junior Rockhound of the Year” via the regional and national Federations’ member recognition programs or kids who have won any other Federation or school-sponsored awards related to our hobby, such as kids who have earned trophies in competitive exhibiting or who have participated in a local science fair.

I’ll need enough details that will allow me to craft an article ranging 250 to 300 words. What is the junior member’s name and what club or society is s/he affiliated with? What especially noteworthy accomplishments has s/he notched up related to our hobby? How might this child serve as a role model to others? See page 43 of the July 2015 issue of *Rock & Gem* for an example with the article entitled “Spotlight on Juniors: Liliya Starts a Rock Club!”

In addition to info about the kids you nominate, I’ll need a couple of photos, preferably showing the kids engaged with the hobby. These should be digital color photographs with camera set for high resolution (i.e., 300 dpi at 4 inches by 5 inches, minimum). As with any photos of children intended for publication, I will need a photo permission and release form signed by the parent or guardian.

For further information—and to get a copy of the photo release form—please contact me at jbraceth@roadrunner.com. That’s the email address, as well, for sending info about your outstanding junior and for sending photos and release forms as electronic attachments. Here’s to recognizing our very best and most enthusiastic juniors and to acknowledging their efforts in a hobby that’s fun!



GOLDEN BEAR HONOREES

By Bural LaRue, Chair

It was my pleasure to honor two of our hard working CFMS volunteers with the Golden Bear at the Awards Banquet at the Lodi Convention and Show. The Golden Bear is the highest honor CFMS can bestow on an individual or couple who has gone above and beyond in the fulfillment of his/her duties to the Federation. Our two honorees this year are no exception.

Jim Brace-Thompson has worked long and hard in a leadership role for many years as a Director, Officer and Committee Chair. Over the years Jim has been the face of Junior Activities both for CFMS and AFMS. His Future Rockhounds of America badge program is used nationwide and is quite effective in introducing youth to our activities. He is a regular contributor to *Rock & Gem* magazine. He volunteered to digitize several of the CFMS manuals so these could be made available on the website. His most recent accomplishment was rewriting the CFMS Show Manual so it would be more useful for clubs hosting a CFMS show.

Betty Egger is a familiar face at the Earth Science camps at Zyzxx and Camp Paradise. For nearly 20 years she has played an important role in the camp activities as the instructor of a variety of skills ranging from casting to enameling. After the class ends Betty continues to instruct on her own time. In the absence of a club workshop, Betty teaches at her home and has a loyal group of learners at any given time. At least one person considers Betty to be the reason why she got involved in the hobby and ultimately involved in a leadership position in CFMS.



It was my pleasure to serve as Chairman of this committee and urge all of you to be thinking of some person who has gone above and beyond in the service of CFMS to receive this honor next year. Dot Beachler will serve as next year's chairman and Shirley Leeson will be serving a second year. Let's overwhelm them with names!

RUTH BAILEY AWARD

Dear Federation Members,

My wife Linda and I attended the 76th Annual CFMS Show and Convention this June in Lodi, CA. We wanted to support the Federations ongoing campaign to have all member clubs statewide participate in either competitive or non-competitive displays at the Annual Federation Show. We entered our case with man-made and volcanic glass in the non-competitive area.

At the awards dinner many trophy's were presented for the excellent competitive displays. As the awards ceremony was winding down, Linda and I were chatting about going on the field trip the next morning when we heard our names called. So unexpected considering we did not enter the competitive portion of the show. Our friends at the table got our attention to say we won the coveted RUTH BAILEY AWARD! We were just stunned, but made our way up to receive the beautiful trophy.

We apologize for not taking the microphone and thanking Frank Mullaney, as he had looked over all the displays and picked ours out of the bunch, there being several in our opinion that could have won. We are so humbled to have been honored with such a prestigious award named for an amazing person, Ruth Bailey.

Respectfully,

Martin & Linda Dougherty



2015 COMPETITIVE EXHIBITS

By Susan Chaisson-Walblom, Rules Chair

What a wonderful group of Competitive & Non-Competitive Exhibits we had displayed at this year's CFMS Show! I hope you were able to attend the Show and view all of the outstanding displays. For your viewing pleasure of this year's displays, thanks to Don & John, you can go to one of these sites:

Don Ogden's pictures: <http://www.nocgms.com/show/cfms-show-2015/2015-cfms-show.html>

John Martins pictures: <http://www.nocgms.com/show/cfms-show-2015-john-m/2015-cfms-show-jm.html>

The following is a list of this year's Trophy Winners!

Junior:	Jennifer Nishimura	T-42 Bead Weaving
Advanced:	Jo Ann Maese	T-17 Cabochon
Advanced:	Jennifer Rhodes	T-26 Jewelry
Advanced:	Brett Allen Johnson	T-28 Educational II
Advanced:	Jennifer Rhodes	T-41 Carvings III
Master:	Bob & Pat Rush	T-1 Open Division Mixed
Master:	Jo Matter Burchard	T-1 Open Division – Ming Trees
Master:	Paul Rose	T-15 Lapidary
Master:	Paul Rose	T-17 Cabochons I
Master:	Betty Egger	T-5 Specialized Techniques
Master:	Albert Bolshazy	T-26 Jewelry
Masters:	Bonnie C. Andrade	T-27 Educational I
Masters:	Mike Havstad	T-28 Educational II
Masters:	Josephine Snead	T-40 Carving II
Masters:	Josephine Snead	T-41 Carving III

Special Awards:

Kimberly Loe	Best of Show Novice Award
Ron Kilcreas	Meisenheimer Award
Linda & Martin Dougherty	Ruth Bailey Award
Kris Hansen	Diamond Pacific Award
Reno Gem & Mineral Society	Sweepstakes Award
Ron Kilcrease	President's Award

Thank you to all of our Judges, Clerks and Participants for making this an outstanding year in competition! And, a "SPECIAL THANK YOU" to Cheri George for a job well done!

Please add the following to the Society Roster. This club was omitted in error.

Sequoia Gem & Mineral Society (1963)

Mailing Address:	P.O. Box 1245, Redwood City, CA 94064-1245
Web Site:	www.sequoiagemandmineralsociety.org
Meeting Place:	Community Activities Bldg, 1400 Roosevelt Ave., Redwood City
Day of Meeting:	3rd Monday 7:00 p.m.
Bulletin:	The Rockette
Juniors:	Yes

PROPOSED CHANGES TO THE BYLAWS:

ARTICLE VII Officers

Section 4: Vacancies

Should any office become vacant during the year, it shall be filled by appointment by the remaining officers to fill out the rest of the term.

The underlined portion is the addition.

ARTICLE III Membership

Current wording:

Section 6: Delinquency

- (a) A Member Society shall become delinquent if either the annual dues or insurance premium has not been paid by March 1st of each year and the Federation Treasurer shall so notify each delinquent Society at that time.
- (b) A delinquent Member Society may not participate in Federation activities, shall not receive regular mailings and shall not be covered by the Federation's Liability Insurance Policy.
- (c) When a Member Society has been delinquent for twelve (12) months, it shall be dropped automatically from membership and shall be notified by the Federation Secretary. The Federation Secretary shall notify all Member Societies of this action.
- (d) A Society which has been dropped from membership because of nonpayment of dues may be reinstated by the Board of Directors at a subsequent meeting upon payment of one year's delinquent dues plus dues and insurance premium for the current year

Proposed wording:

- 1–Dues for continued membership in the CFMS are payable on January 1 of each year and are delinquent if not paid by March 1.
- 2–Following March 1 the Federation Executive Secretary shall notify each delinquent Society in writing that if the dues & insurance payment is not postmarked by April 1, they must pay a \$50 late fee. Any payments postmarked after April 1 that do not include the late fee will be returned to the Society.
- 3–Any Society that has not paid renewal dues by September 30 shall be dropped from the rolls of the Federation effective October 1 and shall be notified in writing by the Federation Executive Secretary.
- 4–Once a Society has been dropped from the Federation, they may not participate in Federation activities, shall not receive regular mailings and shall not be covered under the Federation's insurance program for any activities (including field trips) and no additional benefits of the Federation's insurance program (Certificate of Insurance, Additional Insured Endorsements, Directors and Officers Liability Coverage, Property/Premises insurance coverage) may be afforded.
- 5–Any Society that has not paid renewal dues by September 30 must reapply for membership in the Federation and pay the additional \$250 application fee and any money the CFMS has paid on their behalf when they dropped out must be reimbursed to the CFMS before reinstatement.

Changes will be voted on at the Fall Business Meeting in Visalia.



THE IMPORTANCE OF WATER

by Mark Nelson, EMT - Safety
Chairman

This past June's field trip with my local club involved activity out in the warm sun. After a few hours several of those attending began to exhibit the effects of heat exhaustion, stumbling, dizziness and fatigue. It was fortunate that no one was injured, and I can't stress strongly enough the importance of drinking water during the warm weather activities!

As rockhounds, many of our activities involve environmental conditions that are warm. Most workshops don't have refrigerated air conditioning and can heat up during the summer. So do halls where we hold our shows. Field trips are most popular during months when it's not cold, snowing or raining. Once the weather warms we are off to the mountains, deserts, forests, streams and beaches in search of unique material. As leaders of our clubs we have an obligation to be aware of the conditions that will enable our members to enjoy our hobby safely. A weak and tired person will get hurt at a workshop or damage equipment and on a field trip they will trip and fall. Fatigue and an altered mental status puts all of us at risk of injury and one of the primary causes of this is dehydration! Water regulates our body's temperature, lubricates joints and helps transport nutrients for energy and health. If we aren't properly hydrated we won't be able to perform at an acceptable level and may become a hazard to ourselves and others.

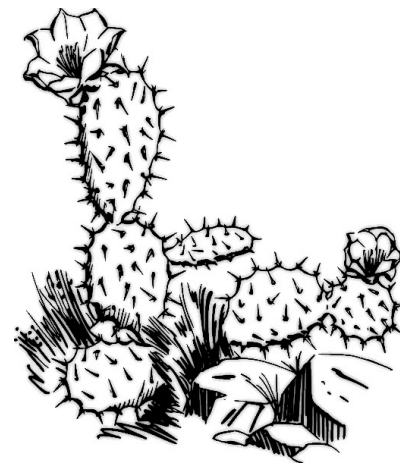
Two-thirds of the human body is made up of water and the body of a person of 154 pounds contains about 1500 ounces of water. Almost 70% of this water is inside the body's cells, 20% is in the space surrounding cells, and slightly less than 10% is in the bloodstream. The water in the human body is essential to keeping it healthy. We lose water constantly. Humidified air leaves our body when we breathe, we sweat to cool the body and we eliminate water and waste by urinating or having a bowel movement.

How many times at our shops and during field trips have we seen our members seek a chair, rock, or stay in the car to "sit this one out"? One of the first signs that the body needs water is a lack of energy. This is often followed by the reduced volume and darker yellow color of urine, dry or sticky mouth, dry skin, mild headache and slight muscle cramps. Thirst is generally the **last indicator** that the body needs water!

How much water should I be drinking? There are no set guidelines for water intake because everyone is different. Sweat rate, heat, humidity, activity intensity and duration are just some of the factors that must be considered. A simple way to make sure you're staying properly hydrated is to check your urine. If your urine is consistently colorless or light yellow, you are most likely staying well hydrated. Dark yellow or amber-colored urine is a sign of dehydration. When the amount of water you intake matches the water you excrete, the body's water supply will be balanced. A healthy person of about 150 pounds and not sweating excessively should drink at least 65 ounces a day. For a hot workshop or vigorous collecting activity it is recommended to increase this to 100 ounces. As a rule of thumb I advise field trip members to drink one 16 ounce bottle for every hour of a field trip.

CamelBak Hydration makes a 100 ounce bladder with a drinking tube that can be slipped into a knapsack and is available for \$25.20 from <http://www.heartratemonitorsusa.com>. Sporting goods stores, Target and Walmart sell them in a variety of sizes and colors - such as the 2 liter Outdoor Products H2O Performance Hydration Pack Water Bladder for \$22.99. Negotiate a group purchase and have your club's logo printed on them!

As we enter into the warmer months we need to preach the most basic of safety rules: **DRINK WATER !**





CFMS Jury of Awards--2015
Seeking Nominations for AFMS
Scholarship Foundation Honoree
By Margaret Kolaczyk, Chair

It's time again to ask for nominations for the CFMS Jury of Awards for an AFMS Scholarship Foundation Honoree.

November 1, 2015 is the latest date that nominations may be received, as the selection will be made by the CFMS Jury of Awards Committee at our Fall Business Meeting in Visalia. **So far this year we have not received any nominations and time is running out for the Award for this year.**

Six of the seven AFMS Federations participate in this awards program each year. Each of these Federations chooses an Honoree. The six Honorees are given the privilege of choosing a University within the territory of their Federation, and on behalf of the AFMS Scholarship Foundation two students pursuing graduate studies in the Earth Sciences receive a scholarship in the amount of \$4,000.

The Guidelines for nominating an Honoree:

- The individual or couple must not know that their name is being considered.
- Should be well versed in the Earth Sciences.
- Should have helped further the knowledge and skills of rockhounds and the Earth Sciences to societies as well as individuals.
- Need not be a member of a CFMS Club/Society.
- The Honoree may receive this honor only once.

At this time, the nominee's name and the documentation for his/her nomination should be sent to:

CFMS Jury of Awards Chairman
Margaret Kolaczyk
24551 Shake Ridge Road
Volcano, CA 95689
(209) 296-5597

Email markolaczyk@gmail.com. **Email would be preferred...Please send me an email letting me know the documentation is forthcoming through the US Postal Service.**



ROCKHOUND OF THE YEAR
By Nancy Bird, Chair

Feather River Lapidary & Mineral Society. An avid rockhound and jewelry designer, Dawn Cozine has always been a dedicated member of this club. With patience and a wicked sense of humor she has taught the proper use of equipment, cabochon forming classes, and beading. If Dawn knew how to create it, she would teach you how to do it.

Three years ago, she became our field trip coordinator. As one member put it, There was never a site that we would go to that Dawn hadn't been to the night before to verify the quality of that site.

She has worked tirelessly on our annual September show. Though Dawn has been battling cancer for many years and it has taken its toll on her physically, she remains an active club member. A devoted guide, teacher, and speaker about all things rock, the FRLMS Inc. would be honored to nominate Dawn Cozine for Rockhound of the Year.

Lisa Elliott, Secretary, FRLMS Inc.



2015 CFMS WEB SITE
CONTEST RESULTS

By Merryan O'Neill, Contest Chair

2015 CFMS Web Site Contest Chair awards were announced at the *CFMS Breakfast with the Editors and Webmasters* on Sunday, June 14 in Lodi.

We had three web site entries in this year's contest. Placements were as follows:

- 1st - Santa Rosa Mineral & Gem Society
Webmaster: Kendra Johns
Site: www.srmgs.org
- 2nd - Contra Costa Mineral & Gem Society
Webmaster, Harry Nichandros
Site: <http://ccmgs.org>
- 3rd - Pasadena Lapidary Society
Webmaster: Mark Nelson
Site: www.pasadenalapidarysociety.org

Congratulations to all of these webmasters. All of these winning web sites have been sent on to the AFMS Web Site Contest. The results will be announced at the *Breakfast with the Editors and Webmasters* on Sunday, October 25, at the AFMS/ South Central Federation Show & Convention in Austin, Texas.



Mark Nelson accepting his Award

CFMS SHOW DATES

*Shows and Events
sponsored by
CFMS Clubs & Societies!*

*Please submit your
Show or Event information as soon as
you have a date.*

*Email or mail to:
SHOW DATES*

*Susan Chaisson-Walblom
42122 52nd St. West,
Quartz Hill, CA 93536
Email: slchaisson@yahoo.com*

*Or use the Online Show Form
at www.cfmsinc.org
(click on Shows)
You should receive a confirmation
within 5 days after submitting your
Show Date information !*

2015

August 7 – 9: NIPOMO, CA

Orcutt Mineral Society
Nipomo High School
525 Thompson Avenue
Hours: Fri. & Sat. 10-5; Sun. 10-4
Wes Lingerfelt (805) 929-3788
<http://omsinc.org>

August 14, 15 & 16: TEHACHAPI, CA

Tehachapi Valley Gem & Mineral Society
St. Malachy's Church
407 West "E" Street
Hours: 9 a.m. – 5p.m. Daily
Chuck Overall (661) 821-4650
luckydogs5433@aol.com
www.tvgmsinc.org

August 22 & 23: SAN FRANCISCO, CA

San Francisco Gem & Mineral Society
San Francisco County Fair Building
9th Avenue & Lincoln Way
Hours: Sat. 10am-5pm; Sun. 10am-6pm
Ellen Nott
ellen_nott@yahoo.com
www.sfgemshow.org

August 29 & 30: CONCORD, CA

Contra Costa Mineral & Gem Society
Centre Concord
5298 Clayton Rd. (near Ygnacio Rd.)
Hours: 10 a.m. – 5 p.m. Daily
Harry Nichandros (925) 289-0454
Show-c@ccmgs.org
http://www.ccmgs.org/gem_show/

Sept. 19 & 20: REDWOOD CITY, CA

Sequoia Gem & Mineral Society
Harvest of Gems & Mineral Show
1400 Roosevelt Avenue
Hours: 10:00 a.m. – 5:00 p.m. Daily
Carol Corden
cordencarol@yahoo.com
www.sequoiagemandmineralsociety.org

September 19 & 20: CHICO, CA

Feather River Lapidary & Mineral Society
Silver Dollar Fairgrounds
2357 Fair Street
Hours: 9:30 a.m. – 5 p.m. Daily
John Scott (530) 343-3491
Cell (530) 321-6331
jweazel@sbcglobal.net
featherriverrocks.org

September 26 & 27: MONTEREY, CA

Carmel Valley Gem & Mineral Society
Monterey Fairgrounds
2004 Fairgrounds Road
Hours: Sat. 10-6; Sun. 10-5
Janis Rovetti (831) 372-1311
janis12@sbcglobal.net
www.cvgms.com

September 26 & 27: LODI, CA

Stockton Lapidary and Mineral Society
Lodi Grape Festival Grounds
413 East Lockeford Street
Hours: 10am – 5pm Daily
Jerold Kyle (209) 368-9411
jeroldkyle@yahoo.com
stocktonlapidary.com

September 26 & 27: SANTA ROSA, CA

Santa Rosa Mineral & Gem Society
Wells Fargo Center for the Art
50 Mark West Springs Road
Hours: Sat. 10-6; Sun. 10-5
Jolene (707) 528-7615
Jolene@SRMGS.org
www.SRMGS.org

September 26 & 27: DOWNEY, CA

Delvers Gem & Mineral Society
Elks Lodge
11233 Woodruff Avenue
Hours: Sat. 9-5; Sun. 9-4
Dale Hardwood (310) 217-0551
nancybird@verizon.net

Sept. 30 – Oct. 4: JOSHUA TREE, CA

Hi-Desert Rockhounds
Sportsman's Club of Joshua Tree
6225 Sunburst Street
Hours: 9a.m. – 6p.m. Daily
Judy Thompson (760) 902-5340
rogerthompson@mac.com
<http://jtsportsmansclub.com/gem.html>

October 3 & 4: VISTA, CA

Vista Gem & Mineral Society
Antique Gas & Steam Engine Museum
2040 North Santa Fe Avenue
Hours: Sat.10-5; Sun 10-4
Ray Pearce (760) 535-5524
vistarocksgms@gmail.com

October 3 & 4: BORON, CA

Mojave Mineralogical Society
Boron Park
12000 Boron Avenue
Hours: 9 am – 4 pm Daily
Steve Breckenridge (760) 559-0872
rock5b@starband.net

October 10: MARIPOSA, CA

Mariposa Gem & Mineral Club
Mariposa County Fairgrounds
Hours: 10am – 5pm
Nikki West (209) 742-4234
mgmcc@sti.net

October 10 & 11: TRONA, CA

Searles Lake Gem & Mineral Society
SLG&MS Show Building
13337 Main Street
Hours: Sat. 7-5 & Sun 7-4
Jim & Bonnie Fairchild (760) 372-5356
slgms@iwvisp.com
www1.iwvisp.com/tronagemclub/

October 10 & 11: ANDERSON, CA

Shasta Gem & Mineral Society
Shasta District Fairgrounds
1890 Briggs Street
Hours: Sat. 9-5; Sun. 10-4
Kelly O'Leary (530) 722-7133
shastagemandmineral@gmail.com
shastagemandmineral.com

October 10 & 11: GRASS VALLEY, CA

Nevada County Gem & Mineral Society
Nevada County Fairgrounds
McCourtney Road
Hours: 10a.m. – 5p.m. Daily
Anita Wald-Tuttle (530) 277-6195
anitaw113@gmail.com

October 11: FALLBROOK, CA

Fallbrook Gem & Mineral Society
123 West Alvarado Street
Hours: 9:00 a.m. – 4:00 p.m.
Fallbrook G&M Society (760) 728-1130
fgms@sbcglobal.net
www.fgms.org

October 17: WEST HILLS, CA

Woodland Hills Rock Chippers
First United Methodist Church
22700 Sherman Way
Hours 10am-5pm
Anita Niles (818) 349-2943
Info@rockchippers.org
www.rockchippers.org

October 17 & 18: PLACERVILLE, CA

El Dorado Mineral & Gem Society
El Dorado County Fairgrounds
100 Placerville Drive
Hours: 10a.m. – 5p.m. Daily
Karen Newlin (530) 676-2472
info@rockandgemshow.org
www.rockandgemshow.org

October 24 & 25: LOS ALTOS, CA

Peninsula Gem & Mineral Society
Los Altos Youth Center
One No. San Antonio
Hours: 10 a.m. – 5p.m. Daily
Steve Jobe (480) 834-5384
Steve_job@sbcglobal.net

<http://pggs.org/>

November 7 & 8: ANAHEIM, CA
American Opal Society
The Phoenix Club
1340 South Sanderson Avenue
Hours: Sat. 10-6; Sun. 10-5
Veronica Purpura (714) 501-9959
info@opalsociety.org
<http://opalsociety.org>

November 7 & 8: RIDGECREST, CA
Indian Wells Gem & Mineral Society
Desert Empire Fairgrounds
520 South Richmond Road
Hours: 8am – 5pm Daily
John DeRosa (760) 375-7905
jfrocks@dslexreme.com

November 7 & 8: OXNARD, CA
Oxnard Gem & Mineral Society
Oxnard Performing Arts Center
800 Hobson Way
Hours: Sat. 9-5; Sun. 10-4
Josephine Martinez (805) 701-1826
josephinecmartinez@gmail.com
[oxnardgem.com](http://www.oxnardgem.com)
http://www.oxnardgem.com/html/gem_show.html

November 21 & 22: APPLE VALLEY, CA
Victor Valley Gem & Miner Club
Victor Valley Museum
11872 Apple Valley Rd. (at Bear Valley Rd.)
Hours: Sat. 9-5; Sun. 9-3
Cindy Mandell (760) 508-1080
cymandell@me.com
vvgmc.org

December 5 & 6: LAKESIDE, CA
El Cajon Valley Gem & Mineral Society
Lakeside Rodeo Grounds
12584 Mapleview Road
Hours: Sat. 9-5; Sun. 9-4
Mary Ness (619) 449-0759
ecvgms@gmail.com
www.ecvgms.org

2016

March 4 – 6: NEWARK, CA
Mineral & Gem Society of Castro Valley
Newark Pavilion
6430 Thornton Avenue
Hours: Fri. & Sat. 10-6; Sun. 10-5
Cathy Miller (510) 887-9007
Cell: (510) 305-4196
showchair@mgscv.org
www.mgscv.org

March 5 & 6: VENTURA, CA
Ventura Gem & Mineral Society
Ventura County Fairgrounds
10 West Harbor Boulevard
Hours: Sat. 10-5; Sun. 10-4
Show Chair (805) 312-8467
info@VGMS.org
www.vgms.org

March 5 & 6: ARCADIA, CA
Monrovia Rockhounds
L.A. Arboretum-Ayres Hall 301 North Baldwin
Avenue
Hours: 9am - 4:30pm Daily
Jo Anna Ritchey (626) 358-1624
joannaritchey@gmail.com

March 12 & 13: SPRECKELS, CA
Salinas Valley Rock & Gem Club
Spreckels Vets Hall
5th & Llano Streets
Hours: 10-5 Daily
Karin Salomon (831) 375-5233
Kcbakes27@yahoo.com
Salinasrockandgem.com

**YOUR
CLUB/SOCIETY
SHOW COULD BE
LISTED HERE
TOO!!!**

**Local Newspapers
community & current
events sections!**

**Local TV New
Stations community
calendars!**

Other Local Shows!

2015 FEDERATION SHOWS

**Rocky Mountain
Federation
July 16-18
Cody, WY**

**South Central Federation
AFMS Show
October 23-25
Austin, Texas**

**DON'T FORGET
TO UP-DATE
YOUR CLUB
WEBSITE WITH
NEW SHOW
INFORMATION
AS SOON AS
YOU HAVE
YOUR NEXT
DATE!**

**Don't forget to
advertise your Show
in as many
FREE
locations as
possible!**

ADVERTISING YOUR SHOWS

**Be sure to advertise your
shows in the *Rock & Gem
Magazine!*
<http://www.rockngem.com>
/
*showdate-submissions/***

***Send the information in
early so it's published in
the magazine as well as
online.***

THE CALIFORNIA FEDERATION OF MINERALOGICAL SOCIETIES, INC.
EARTH SCIENCE STUDIES
CAMP PARADISE

12725 LaPorte Road, Clipper Mills, CA 95930

Emergency Phone Number for Camp Paradise 530-675-2625

PLEASE READ CAREFULLY BEFORE REGISTERING

1. Any cancellation prior to August 1 will incur a \$25.00 Administration Fee.
2. No refunds on cancellations after this date unless a substitute is provided.
3. DO NOT mail "Registration Forms" prior to May 1st, 2015

Make Checks Payable to: **CFMS EARTH SCIENCES**
and send to:
Margaret Kolaczyk
24551 Shake Ridge Road
Volcano, CA 95689
markolaczyk@gmail.com Phone 209-296-5597

FOR INFORMATION CONTACT:

Tom Burchard
87 5 E 4500 S
Ogden UT 84403-2931
Phone: 801-791-2828
Roxhund@aol.com

Please Note: Sign In will be Sunday, August 30th and Sunday, September 6th, 2015 at 1:00 PM

CAMP PARADISE is approximately 50 miles east of Marysville on Highway E-21 (Marysville Rd. towards Brownsville). Elevation is approx. 3,500 ft. The facilities are at a rustic church camp, rooms with double beds (for couples) and/or bunk beds. Bathrooms and showers are communal and located in each building. Housekeeping is the responsibility of each guest. Also available, on a limited basis, are cabins for 4 or more persons (bathrooms and showers are located nearby). RV space with electricity and water for most spaces is available. **Since it is a church camp, no alcoholic beverages are permitted. Room assignments will be made by staff.**

CLASSES - Beginning Faceting, Ming Trees, Lapidary, Soft Stone Carving, Silver Smithing, Lost Wax Casting, Beginning through Advanced Wire Art, Copper Enameling, Lamp Work Bead Making, Beading, PMC3 Clay and Dichroic Glass.

Please Note: There will be some classes with limited space - Preference will be given to first time students.

***** CHANGES MAY BE MADE AS NECESSARY *****

A list of supplies will be sent to you with your confirmation. Please e-mail me after 30 days if you have not received information.

PLEASE CUT ALONG LINE and KEEP FOR FUTURE REFERENCES

REGISTRATION FORM

___ Week 1 August 30 - September 4, 2015 ___ Week 2 September 6 - September 11, 2015

\$390 A PERSON - PER WEEK

PLEASE PRINT CLEARLY

Name 1 _____ Name 2 _____

Address _____ City _____ State ___ Zip _____

Phone _____ E-Mail _____

CLUB _____

Accommodations (Circle One) **Couples Dorm** **Dorm** **Cabin** **RV Area**

Would Like to Room With _____ (if possible)

Special Needs: Food _____ Diabetic _____ Vegetarian _____ Other _____

(explain briefly) _____

Due to the lack of dietary knowledge and the various interpretations of different needs, we ask that you bring your special food items and we will do our best to prepare them for you.

Animals will be allowed in the **RV Area Only** and must be kept on a leash and picked up after.
Any violation could result in adherence to their No Pets Rule.

CFMS NEWSLETTER

PO Box 1657

Rialto, CA 92377-1657

Pat LaRue, Editor

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